

WAIVER FORM

Must be signed for entry acceptance

I acknowledge that the cycling event to be conducted on 27th May 2019 is an extreme test of a person's physical and mental limits and carries with it the potential risk for death, serious injury and property loss. There are both known and unanticipated risks. The known risks include, but are not limited to travails by road, temperature, weather, the physical and mental condition of the participants including my own physical and mental condition, my acts or omissions or failure to act. first aid, emergency treatment or other services rendered, consumption of food or drink, lack of hydration, latent or apparent defects or conditions in any equipment or property supplied by the Promoters, or other persons | or entities, vehicular traffic and actions of other people including any other external events.

I understand and acknowledge that the above listing is not complete or exhaustive, and that other risks, known or unknown, identified or unidentified, anticipated or unanticipated, foreseeable or unforeseeable, may also result in injury or damage to myself or property, and I expressly accept and acknowledge those risks not specified or listed above.

I expressly agree, covenant, and promise to accept and assume all responsibility and risk for injury, death, illness or disease, damage to myself or to property, to participants, spectators or to other third parties and their property, arising from or relating to my participation in the Promoters - sponsored practices, activities and/or events and all related activities. I am voluntarily electing to participate in. attend. Promoters - sponsored activities and/or events in spite of these risks. I certify that I am physically fit, have sufficiently trained for participation in Promoters-sponsored practices, activities and/or events and have not been advised otherwise by a qualified medical person.

I irrevocably waive, release and forever discharge from any and every claim, demand, action or right of action of whatever nature or kind and all liability of any kind which may hereafter accrue to me in connection with my participating in the Tenzing Norgay MTB Challenge - sponsored practices, activities and/or events. Promoters - their past, present and future directors, officers, members, employees, servants, volunteers, representatives, agents, event holders, event sponsors, event directors, event volunteers, and event officials (Collectively the "Releases") **I HEREBY WAIVE, RELEASE, DISCHARGE, HOLD HARMLESS AND PROMISE TO INDEMNIFY AND NOT TO USE** the Releases and the sponsors of Promoters - sponsored practices, activities and/or events, the Promoters and. and employees through or by which practices and/or events will be held, (the foregoing are also collectively deemed to be Releases) **FROM ANY AND ALL RIGHTS AND CLAIMS INCLUDING CLAIMS ARISING FROM THE RELEASEE'S OWN NEGLIGENCE.**

Riders consent to the use of all photographic or video material pertaining to their participation in the said event made by the organizers.

Applicant's Signature: